

**CURRICULUM VITAE**

**1. PERSONAL**

**NAME:** **Nomaan Ashraf, MD/MBA**

**BIRTH DATE:** January 12, 1976

**BIRTHPLACE:** Chicago, Illinois

**CITIZENSHIP:** U.S.A.

**HOME ADDRESS:** 250 East 53<sup>rd</sup> Street  
Unit 303  
New York, NY 10022

**E-MAIL ADDRESS:** [nomaan.ashraf@gmail.com](mailto:nomaan.ashraf@gmail.com)

**TELEPHONE:** 917-539-9605

**BUSINESS ADDRESS:** Comprehensive Spine Care, PA  
PO Box 631  
Westwood, NJ 07675  
(201) 634-1811

**NPI** 1104957976

**CURRENT POSITION:** May 2010- present  
Spine Surgeon  
Comprehensive Spine Care, PA  
Emerson, NJ

Assistant Clinical Professor  
Spinal Surgery  
Mount Sinai Medical Center  
New York, NY

**Hospital Privileges**

Mt. Sinai Medical Center  
New York, NY  
May 17, 2010-present

Hackensack University Medical Center  
Hackensack, NJ  
June 2010-present

Valley Hospital  
Ridgewood, NJ  
February 2011-present

## **2. EDUCATION AND TRAINING**

### **UNDERGRADUATE**

1994-1998	University of Pennsylvania Philadelphia, Pennsylvania	B.A., cum laude Neuroscience
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### **GRADUATE:**

1998-2002	Tufts University School of Medicine Boston, MA	M.D. M.B.A. Health Care Management
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## **3. POST-GRADUATE TRAINING**

2002-2003	New York-Presbyterian Hospital Cornell University New York, NY	Intern, Surgery
2003-2004	Carolinas Medical Center Charlotte, North Carolina	Research Fellow Basic Sciences, Orthopaedic Surgery
2004-2008	Carolinas Medical Center Charlotte, North Carolina	Resident, Orthopaedic Surgery
2008-2009	Spine Institute at Cedars Sinai Dr. Rick Delamarter Los Angeles , CA	Fellowship Spine Surgery

## **4. Honors**

1995	Awarded student fellowship for research in Nuclear Medicine at the Hospital of the University of Pennsylvania
2006	Awarded “Best E-poster” at 2006 POSNA (Pediatric Orthopedic Society of North America) Annual Meeting: “Gene Expression at the Growth Plate following Femoral Diaphyseal Fracture in a Rat Model”
2006	Awarded Best Basic Science Research at annual Dept. of Orthopaedics Research Day: “Factor VIII staining of the Physes following fracture: Is Physeal Bar Formation a Vascular Phenomenon?”
2007	American Orthopaedic Association (AOA) Emerging Leadership Forum
2008	Winner Best Essay Contest Department Of Orthopaedics
2008	Basil M Boyd Memorial Research Award

## **5. PUBLIC AND COMMUNITY SERVICE ACTIVITY**

1996 Childrens Seashore House volunteer  
1996 Habitat for Humanity member  
2003-2006 United Way Volunteer

## **6. MEMBERSHIPS IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

North America Spine Society  
Diplomate American Academy of Orthopaedic Surgeons

## **7. CERTIFICATION**

Board Certified American Board of Orthopaedic Surgeons (ABOS)

## **7-B LICENSURE**

New Jersey Medical License: 25MA08731500  
New York Medical License: 254061-1  
California Medical License: A104388  
DEA BA 9843334

## **8- COMMITTEES**

Mortality and Morbidity Committee Orthopaedic Surgery Carolinas Medical Center	2003-2004
Operating Room Committee Carolinas Medical Center	2005-2006

## **9- Research Support**

Long Term Outcome of Supracondylar Femur Fractures with Segmental Bone Loss (Co-investigator) Charlotte-Mecklenberg County Health Services Foundation \$16,500	10/2003-10/2004
Gene Expression at the Growth Plate Following Femoral Diaphysis Fracture: DNA Microarray Analysis on a Rat Fracture Model (Principal Investigator) Charlotte-Mecklenberg County Health Services Foundation \$29,606	5/2003-5/2004
Radiation Prophylaxis For Post-Traumatic Heterotopic Ossification of the Elbow (Co-investigator) Charlotte-Mecklenberg County Health Services Foundation \$32,640	

Radiation Prophylaxis For Post-Traumatic Heterotopic  
Ossification of the Elbow (Co-investigator)  
Orthopaedic Trauma Association  
\$49,000

## **10: BIBLIOGRAPHY**

**Ashraf N, Delamarter R:** *ProDisc-C Surgical Technique and Outcomes: Cervical Spine Surgery: Current Trends and Challenges* in publication 2013

**Ashraf N, Bae H:** *Mediastinitis Incidence, Etiology, Treatment Options and Outcomes: The Cervical Spine: 5<sup>th</sup> Edition;* 2012

**Ashraf N, Bae H:** *Resorbables - Do They Have a Role in the Cervical Spine: The Cervical Spine: 5<sup>th</sup> Edition 1443-46;* 2012

**Ashraf N, Bae H:** "Lumbar Microdiscectomy and Foraminotomy " **Advanced Reconstruction Spine.** 235-240; 2011.

**Ashraf N, Bae H.** *Nucleus Arthroplasty: Biologic Methods and Future Nucleus Arthroplasty Applications.* 2011

**Ashraf N, Hecht A:** *Congenital and Developmental Abnormalities Encountered In Athletes. Seminars In Spine Surgery.* 22:4 December 2010.

**Hamid N, Ashraf N et al.** *Radiation therapy for heterotopic ossification prophylaxis acutely after elbow trauma: a prospective randomized study.* **J Bone Joint Surg Am.** ;92(11):2032-8. 2010 Sep 1

**Ashraf N,** *Radiation Therapy for Heterotopic Ossification Prophylaxis Acutely After Elbow Traum.* **JBJS (Am.)** 2010;92:2032-2038.

**Meyer RA Jr. Meyer MH. Ashraf N. Frick S.** *Changes in mRNA gene expression during growth in the femoral head of the young rat.* **Bone.** 40(6):1554-64, 2007 Jun.

**Ashraf N. Meyer MH. Frick S. Meyer RA Jr.** *Evidence for overgrowth after midfemoral fracture via increased RNA for mitosis.* **Clinical Orthopaedics & Related Research.** 454:214-22, 2007 Jan

**Gruber H, Ashraf N, Hanley E, Norton J,** *Vertebral end plate architecture and vascularization: Application of  $\mu$ CT imaging, a vascular tracer, and immunocytochemistry in analyses of disc degeneration in the aging sand rat.* **Spine** 30(23): 2593-2600, December 2005

Ashraf N, Bhattacharyya N, *Determination of the “incidental “ Lund score for the staging of chronic rhinosinusitis. Otolaryngology: Head and Neck Surgery, 125(5):483-486, November 2001*

## **11: Presentations**

**Presentation American Academy of Orthopaedic Surgeons New Orleans, LA March 2014** *“Fusion Rates in Anterior Cervical Discectomy and Fusion Procedures using Mesenchymal Stem Cell Allograft”*

**Presentation Cervical Spine Research Society Los Angeles, CA December 2013:** *“Fusion Rates in One and Two Level Anterior Cervical Discectomy and Fusion Procedures using Mesenchymal Stem Cell Allograft”*

**Faculty Presentation at Concentra Medical Center Secaucus, NJ: October 16, 2013.** *“Management of Common Lumbar and Cervical Spine Conditions.”*

**Faculty Presentations Northeast Regional Minimally Invasive Spine Surgery Meeting New York, NY: July 26, 2013.**  
Anatomic Considerations in Lateral Surgery

**Faculty Presentation Mid-Atlantic Spine Summit 2013 Allendale, NJ: June 14, 2013**  
Anterior vs Posterior Treatment for Lumbar Spondylolisthesis

**Faculty Presentation Spine in the City New York, NY 2012:** Current Concepts and Techniques Meeting, July 27, 2012  
“Single Level Disc Herniation”

**Presentation, North America Spine Society Meeting, Nov 10-14 2009, San Francisco, CA**  
*Three Level Cervical ADR: Long Term Clinical And Radiographic Outcomes*

**Presentation, North America Spine Society Meeting, Nov 10-14 2009, San Francisco, CA**  
*3 Level Lumbar ADR: A Clinical and Radiographic Analysis of Saggital Motion Preservation at 2-6 years.*

**Presentation, North America Spine Society Meeting, Nov 10-14 2009, San Francisco, CA**  
*The Hybrid ADR: Long Term Analysis of Sagittal Motion and Clinical Outcome after Concurrent ADR+ALIF(Minimum 2 year follow-up)*

**Presentation, North America Spine Society Meeting, Nov 10-14 2009, San Francisco, CA**

*Multiple-level Lumbar Artificial Disk Replacement Adjacent to Concurrent Anterior Lumbar Interbody Fusion: A Clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-6 Years*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Multiple-level Lumbar Artificial Disk Replacement Adjacent to Concurrent Anterior Lumbar Interbody Fusion: A Clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-6 Years*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Multiple-level Cervical ADR: A Clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-5 Years*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Multi-level Lumbar ADR with ProDisc-L: A clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-6 years.*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Three-level Cervical ADR: A Clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-5 Years*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Two-level Cervical ADR: A Clinical and Radiographic Analysis of Sagittal Motion Preservation at 2-5 Years*

**Presentation, Spine Arthroplasty Society Meeting, April 28-May 1 2009.  
London, England**

*Single Level Lumbar ADR Adjacent to Concurrent Anterior Lumbar Interbody Fusion: A Radiographic Analysis of Sagittal Motion Preservation at 2-6 Years*

**Presentation, American Orthopaedic Association (AOA) 120<sup>th</sup> Annual Meeting June 2007 Asheville, NC. Factor VIII staining of the Physes following fracture: Is Physeal Bar Formation Vascular Phenomenon?"**

**Presentation, American Academy Of Orthopaedic Surgeons (AAOS), March 21-25, 2006, Chicago, IL**

*Gene Expression at the Growth Plate following Femoral Diaphyseal Fracture in a Rat Model*

**Presentation, American Academy Of Orthopaedic Surgeons (AAOS), March 21-25, 2006, Chicago, IL**

*Orthopaedic Residents Not Knot-Tying: Improving Basic Surgical Skills During Residency Training*

**E-Poster Presentation, Pediatric Orthopaedic Society of North America (POSNA) 2006 Annual Meeting** *Gene Expression at the Growth Plate following Femoral Diaphyseal Fracture in a Rat Model*

**International Society for the Study of the Lumbar Spine (ISSLS), May 10-14, 2005, New York, N.Y.**

*Vertebral end plate architecture and vascularization: Application of  $\mu$ CT imaging, a vascular tracer, and immunocytochemistry in analyses of disc degeneration in the aging sand rat.*