

Curriculum Vitae

Jonathan P. Lester, M.D., FAAPMR, FAAEM, FAAPM

Comprehensive Spine Care, P.A.
Concentra Medical Centers

Education

Board Certification

- 1992 Fellow: American Board of Physical Medicine and Rehabilitation
- 1994 Fellow: American Board of Electrodiagnostic Medicine
- 1995 Fellow: American Board of Pain Medicine
- 2004 American Board of Anesthesiology Certification in Pain Management
- 2004 Recertification American Board of Electrodiagnostic Medicine

Residency Training

- 1987-1990 Resident: University of Texas Health Sciences Center
Department of Rehabilitation Medicine
San Antonio, Texas
- 1990-1991 Chief Resident: University of Texas Health Sciences Center
Department of Rehabilitation Medicine
San Antonio, Texas

Medical School

- 1983-1987 Doctor of Medicine
University of Florida
Gainesville, Florida

Undergraduate

1979-1983 Bachelor of Science: Chemistry
Phi Beta Kappa
University of Florida
Gainesville, Florida

Licensure

1988-1995	Texas	H4485
1991-Present	Georgia	034883
1998-Present	New Jersey	MA69767

Hospital Affiliations

2005-Present	Hudson Crossing Surgery Center
2002-Present	Garden State Surgery Center
1991-1988	Emory-Adventist Hospital
1991-1998	West Paces Medical Center
1991-1998	Gordon Hospital
1995-1997	North Fulton Regional Hospital
1995-1998	Southern Regional Hospital
1995-1998	Henry General Hospital
1997-1998	Health South Outpatient Surgical Center-Perimeter
1998-2004	Meadowlands Hospital
2002-2008	Pascack Valley Hospital
2008-Present	Englewood Hospital

Professional Experience

2002-Present	Consultant Physician Comprehensive Spine Care, P.A.
1998-Present	Consultant Physician Concentra Medical Centers Secaucus, New Jersey
1997-1998	Georgia Pain Physicians Atlanta, Georgia
1993-1997	Vice President Georgia Spine and Sports Physicians, P.C. Atlanta, Georgia

Professional Experience Continued:

1991-1992	Associate Georgia Spine and Sports Physicians, P.C. Atlanta, Georgia
1993-1996	Assistant Clinical Professor Department of Physical Medicine & Rehabilitation Emory University Atlanta, Georgia
1996-1998	Team Physician Gordon Central High School Calhoun, Georgia
1993-1998	Team Physician Calhoun High School Calhoun, Georgia

Procedural Skills

Percutaneous Spinal Procedures	Epidural Cortisone Injection: Cervical/Thoracic/Lumbar Selective Root Injection: Cervical/Lumbar Facet Joint Injection: Cervical/Thoracic/Lumbar Discography: Cervical/Lumbar Sympathetic Block: Cervical/Lumbar Sacroiliac Injection Radiofrequency Facet Ablation: Cervical/Lumbar Spinal Cord Stimulator
Electrodiagnostic Skills	Electromyography Nerve Conduction Studies

Publications:

Lester J, Windsor R, Dreyer S: Management of sympathetic pain disorders: Cervicothoracic and lumbar sympathetic blockade. In Weinstein S (ed): Physical Medicine and Rehabilitation Clinics of North America. Injection techniques. W.B. Saunders, Philadelphia, 1995.

Lester J, Windsor R, Dreyer S: Medical Management of cervical spine disorders. In Krause S (ed): Clinics in Physical Therapy. Temporomandibular Joint Disorders, Second Edition. Churchill Livingstone, 1994.

Publications Continued:

Lester J, Windsor R, Dreyer S: Medical Management of cervical spine disorders. In Krause S (ed): Clinics in Physical Therapy. Temporomandibular Joint Disorders, Second Edition. Churchill Livingstone, 1994.

Lester JP: Acute Low Back Pain. Rogers J. (ed): Decision Making in Pain Management. B.C. Decker Press, 1992.

Lester JP: Lumbosacral Radiculopathy. Rogers J (ed): Decision Making in Pain Management. B.C. Decker Press, 1992.

Lester JP: Sciatica. Rogers J (ed): Decision making in Pain Management. B.C. Decker Press, 1992.

Lester JP: Piriformis Syndrome. Rogers J. (ed): Decision Making in Pain Management, B.C. Decker Press, 1992.

Falco, J.E., Lagattuta, F.P., Lester, J.P., Herring, S.A. Cervical Soft Tissue Injuries. Windsor, R.E. (ed): Soft Tissue Injuries Diagnosis and Treatment. Hanley and Belfus, Philadelphia, 1997.

Windsor R, Lester J, Dreyer S: Cervicothoracic and lumbar sympathetic blockade. In Lennard T. (ed): Physiatric Procedures in Clinical Practice. Hanley and Belfus, Philadelphia, 1995.

Windsor R, Dreyer S, Lester J: Epidural procedures in spine pain management. Cervical and thoracic. In Lennard T (ed): Physiatric Procedures in Clinical Practice. Hanley and Belfus, Philadelphia, 1995.

Windsor R, Falco J, Dreyer S, Lester J: Spinal cord stimulation in chronic pain. In Lennard T. (ed): Physiatric Procedures in Clinical Practice. Hanley and Belfus, Philadelphia, 1995.

Windsor R, Falco J. Dreyer S, Lester J: Lumbar discography. In Weinstein S. (ed): Clinics in Physical Medicine and Rehabilitation. W.B. Saunders, Philadelphia, 1995.

Windsor R, Dreyer S. Lester J: Overuse injuries of the leg, ankle and foot. In Press J (ed): Physical Medicine and Rehabilitation Clinics of North America. Sports Medicine. W.B. Saunders, Philadelphia, 1995.

Windsor R, Dreyer S, Lester J: Spinal Injuries in Weight Lifting. In White A (ed): Spinal Medicine and Surgery: A Multidisciplinary Approach. Mosby Year Book, St.Louis, 1995.

Windsor R, Lester J: Electrical stimulation in clinical practice. The Physician and Sports Medicine 1993; 21(2), 21-36.

Windsor R, Lester J: Electrical stimulation in clinical practice. The Physician and Sports Medicine 1993; 21(2), 21-36.